

# From the Pastor



I hate to fast. Let me rephrase that, my flesh hates fasting. That's because, in spite of the fact that I enjoy eating, the main reason Jesus requires fasting as probably our most difficult spiritual discipline is so that we will have the opportunity to stare down that sin that so easily besets us.

That's number one. John Piper says it this way: "The only authentic fasting is fasting that includes a spiritual attack against our own sin."

As you will see in this sermon today, the fasting that pleases the Father will lead to the development of an Impact Center. Seems like we might have gotten the cart before the horse. Listen carefully today because the Lord is giving us the Great Physician's prescription for health and well-being, not a job description that earns wages from Him. This is so very important.

Sadly, we lost a great warrior and pillar of our church community this week. For the last 37 years, Jouleen Cotton has served the girls of our Fellowship with grace and distinction. Suddenly and without any forewarning, God called her home to her great reward. Her Memorial Service will be this Friday, November 22nd, here in the Sanctuary at 11 am. Please make arrangements to be here.

We love you all,

Pastor Randy & Pam

## NEW TO OUR CHURCH?

Welcome to Trinity Life Center! We are so glad you joined us today. Here are some things you can do to be connected:

Please fill out our **Connection Card** (right in front of you) and exchange it for a gift from us at the Information Desk in the Lobby.

### SUNDAY MORNINGS

- 9AM - *Connect Point*—all ages (see campus map for locations) Sanctuary
- Insights Prayer*
- 10AM - *Worship Service* Sanctuary
- Kids Zone* Rm# C106, 107

### CONNECTION WEDNESDAYS

- 7PM - *Worship Service* Sanctuary
- Royal Rangers* Rm# 201, 202, 204
- Girls Ministries* Rm# 203
- IgNITE for Teens* Rm# C111

### THURSDAY MORNING

- 9AM - *Mountain Movers* Sanctuary

**Randy & Pam Greer** .....LEAD PASTOR

**Vic & Sara Caruso** .....SENIOR ASSOCIATE PASTOR

**Jimmy & Jamie Firzlaff** .....EXECUTIVE ADMINISTRATIVE PASTOR

**Mike & Marjorie Husli** .....ASSOCIATE PASTOR / CHILDREN

**Dave & Sandi Grecco** .....WORSHIP PASTOR

**Daniel & Jinay Kline** .....YOUTH PASTOR

**Barbara Potop** .....ASSOCIATE PASTOR/PRAYER MINISTRY & MT MOVERS

**Oretta Andrews**.....YOUNG ADULTS PASTOR

**Larry Wayne Morbitt**.....CHRISTIAN EDUCATION

**Kleg Seth**.....ASSOCIATE PASTOR / SAM'S & HOSPITAL VISITATION

**Olga & Luis Gonzalez**.....ASSOCIATE PASTOR



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**Pastor Randy Greer**

**“Do We Really Need to Fast?”**

**Isaiah 58:1-12**





